

# PĀPĀMOA COLLEGE CROSS COUNTRY 2024

THURSDAY 9th MAY 2024

## EVENT PROGRAMME

### NOTES

- BOPSS Cross Country champs is on May 20, just 6 school days after our School Cross country.
- Gordon Spratt fields not completed in enough time for full course training. Course has been adapted (See Below)

## PROGRAMME OF EVENTS

### **BLOCK 1, Whānau & 2 – YEAR 7 & 8 STUDENTS**

First race starts – approximately 9.00am.

Year 7 Girls, Year 7 Boys, Year 8 Girls, Year 8 Boys

Learning commons relay – 4x runners (2 male and 2 female) – Approximately 500m each.

Certificate presentation after all races. All runners gather in the seated area after their race.

*Certificate Presentation:*

Year 7 Girls – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>

Year 7 Boys – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>

Year 8 Girls – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>

Year 8 Boys – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>

Learning commons relay – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>

### **BLOCK 3 & 4 – YEAR 9, 10 & 11 STUDENTS**

First race starts – approximately 11.30am.

Year 9 Girls, Year 9 Boys, Year 10 Girls, Year 10 Boys, Year 11 Girls, Year 11 Boys

Certificate presentation after all races. All runners gather in the seated area after their race.

*Certificate Presentation:*

Year 9 Girls – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>

Year 9 Boys – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>

Year 10 Girls – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>

Year 10 Boys – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>

Year 11 Girls – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>

Year 11 Boys – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>

### **BLOCK 4 – YEAR 12 - 13 STUDENTS**

First race starts – approximately 2.15pm.

Year 12 Girls, Year 12 Boys, Year 13 Girls, Year 13 Boys

Certificate presentation after all races. All runners gather in the seated area after their race.

*Certificate Presentation:*

Year 12 Girls – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>

Year 12 Boys – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>

Year 13 Girls – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>

Year 13 Boys – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>

**WET WEATHER PLAN:**

Period 1 (YEAR 7 STUDENTS) – All students go back to their respective commons post race.

Period 2 (YEAR 8 STUDENTS) – All students go back to their respective commons post race.

Period 3 (YEAR 9 & 10 STUDENTS) - All students go back to their respective classes post race.

Period 4 (YEAR 11 STUDENTS) – All students go back to their respective classes post race.

Period 5 (YEAR 12 & 13 STUDENTS) – Students to be released by WER and LEA post race.

**STUDENT INSTRUCTIONS FOR THE DAY:**

This is a compulsory school wide event – Be **Courageous** in participating

If you **Aspire** for a place dress appropriately – PE gear + Waka colour would be ideal

If you are out there to participate - wear your waka colour

Once your race is called please make your way to the start line.

Your aim is to finish the course

When running keep the flag markers to your LEFT

The first 6 runners in each race will receive a time

The first 3 runners from each race will receive a certificate

All **Resilient** finishers will receive points for their waka

All students must stay in the post race seating area for the certificate presentation at the end of the race, **Empowering** those who have placed

You will be released at the end of the block

*Have fun and enjoy being part of our school culture!!!*

YEAR 7-11 STUDENTS - 3KM (1X LAP OF THIS COURSE)





**SITE MAP**

